

# SPOTLIGHT ON PRODUCE

## WHAT AM I?

Pink Pineapple is a variant of the standard pineapple. Its known for its pink colored flesh, which is sweeter and less acidic than the standard pineapple.

## PINK PINEAPPLE



## HOW DO I GROW?

Scientists changed the genes of the yellow pineapple so that they stay pink and taste sweeter.

## NUTRITION FACTS

This pineapple is pink because it contains lycopene. Lycopene has been linked to many health benefits, such as its ability to act as an antioxidant, which researchers believe lowers the risk of getting some kinds of cancer and slows the spread of cancer cells.

## FUN FACT

Pink Pineapples are picked by hand, which is why they don't have a crown of leaves on top.