SPOTLIGHT ON PRODUCE

WHAT AM I?

Blood Oranges are one of the sweetest in the citrus family. They look like an orange on the outside, but the inside is red. They have a raspberry and orange flavor.

BLOOD ORANGES



HOW DO I GROW?

Blood Oranges grow on trees in warm climates. The fruit grows from late winter through early summer.

NUTRITION FACTS

Blood Oranges are full of Vitamin C, which boosts your immune system! They are also a good source of fiber!

FUN FACT

Blood Oranges are easier to peel than other oranges!

