

SPOTLIGHT ON PRODUCE

WHAT AM I?

The Veggie Power Blend is a mix of six "All Star" vegetables: Broccoli Stalks, Kohlrabi, Brussels Sprouts, Kale, Radicchio, and Colored Carrots

VEGGIE POWER BLEND



KOHLRABI

Kohlrabi tastes like a mix between cucumber and broccoli.

KALE



Kale is a leafy, green vegetable with a rough texture. Kale is usually green but it can also be purple. It tastes like cabbage with a slight bitterness.

RADICCHIO



Radicchio looks like red cabbage with dark red leaves and white ribs. They are about the size of a grapefruit.