SPOTLIGHT ON PRODUCE

ARTISAN ROMAINE

WHAT AM I?

Artisan Romaine combines the refreshing crunch of iceberg lettuce with the sweet flavor of romaine hearts – with less rib and no bitter aftertaste.

HOW DO I GROW?

Romaine grows in upright, elongated, loose head forms. Individual leaves are long and a bit wavy.

NUTRITIONAL FACTS

Romaine is a low-calorie, nutritious food that contains a number of important vitamins and minerals!

FUN FACT

The unique cupped shape of each Romaine leaf offers a variety of uses beyond the salad bowl. Great for salads, wraps, sandwiches, grilling and dipping.

LED Nutrition Services