

SPOTLIGHT ON PRODUCE

WHAT AM I?

A mini pepper is about 1/3 of the size of a typical bell pepper, with a sweeter flavor and a crunchy texture! It comes in an array of colors, like red, orange, yellow and green!

HOW DO I GROW?

Mini peppers are a part of the capsicum family, which are flowering plants. They are harvested at 2-3 inches, and thrive best in warm weather with plenty of sunlight!

NUTRITION FACTS

This produce option is packed with vitamin C, making up 150% of your daily recommended intake. It also contains vitamin B6, A and E!

FUN FACTS

The colors of the peppers are determined on how long they are allowed to ripen. Green is harvested first!

MINI PEPPERS

