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## Indianhead GAP promotion

February, 2021



# Agenda

Page 3: Schwan's products in GAP promo

Page 4: POS whole grain dumplings and Yakisoba noodles (Chef One label)

Page 5: POS non whole grain dumplings (Chef One label)

Page 6: POS whole grain Fried Rice

Page 7: POS Sauce

Page 8: How to videos



# Growth Achievement Promotion 2021

## 9355 : Schwans Food Service

Status	Item	Description	Brand	Pack
	35183	Vegetable Fried Rice WG	Minh	6/5#
	41145	Bacon Scramble Breakfast Pizza WG	Tony's	1282.95 oz
	93948	Orange Sauce LS	Schwan's	5/6#
	99607	Kung Pao Chicken Sauce	Schwan's	5/6#
	100800	Chicken Teriyaki Potstickers	Chef One	150/.8 oz
	100801	Chicken Lemongrass Potstickers	Chef One	150/.8 oz
	100802	Whole Wheat Chicken & Vegetable Dumplings	Chef One	8/2.5#
	100804	Yakisoba Noodles	Twin Marquis	6/5#



# WHOLE WHEAT NOODLES & DUMPLINGS

Increase your cafeteria participation with our healthy and tasty Asian style noodles and dumplings!

- ✓ No High Fructose  
Corn Syrup
- ✓ No Added MSG
- ✓ No Artificial Flavors  
or Dyes



*Eat Smart.  
Be Smart!*

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# WHOLE WHEAT NOODLES & DUMPLINGS

## WHOLE WHEAT YAKISOBA NOODLES



Serving Size	Calories	Total Fat (g)	Sat Fat (g)	Sodium (mg)	Chole (mg)	Protein (g)
2.5oz	158	1	0	20	29	6

### PREP INSTRUCTIONS:

Thaw frozen product in refrigerator overnight.

**STEAM:** Pre-heat steamer. Lightly coat a 2" full-size hotel pan with cooking oil spray. Arrange and space apart 1 bag of thawed noodles into pan. Add 1 cup of water. Steam uncovered for 8 minutes, or until cooked through.

**BOIL (soup):** Add thawed noodles into boiling water. Stir and boil for 1 minutes. Drain and serve. For cold applications rinse over cold running water for 1 minute.

### CONVECTION OVEN-LOW FAN:

Preheat oven to 350°F. Lightly coat a 4" full-size hotel pan with cooking oil spray. Arrange and space apart 1 bag of thawed noodles into pan. Add 1 cup of water. Cover with foil and bake 20-25 minutes, or until cooked through. Let stand 2 minutes before serving.

## WHOLE WHEAT DUMPLINGS



Serving Size	Calories	Total Fat (g)	Sat Fat (g)	Sodium (mg)	Chole (mg)	Protein (g)
6 pcs	248	7	1.5	550	31	17

### PREP INSTRUCTIONS:

**PAN-SEAR:** Heat a large nonstick skillet pan over high heat, add 2 oz of water to coat. Add 12-14 frozen dumplings, cover and cook for 2-3 minutes or until most water is absorbed. Reduce heat to medium, add ½ oz of oil. Cover and let simmer for 3-4 minutes or until golden brown.

**STEAM:** Pre-heat steamer. Lightly coat a 2" full-size hotel pan with cooking oil spray. Arrange and space apart 20-24 frozen dumplings into pan without touching. Steam dumplings uncovered for 8 minutes, or until cooked through.

**BOIL (soup):** Add frozen dumplings into boiling water. Cover and boil over high heat 3 minutes or until dumplings float on top. Reduce heat and simmer 2 minutes.

**CONVECTION OVEN-LOW FAN:** Preheat oven to 350°F. Lightly coat a 2" full-size hotel pan with cooking oil spray. Arrange and space apart 20-24 frozen dumplings into pan without touching. Add 1 cup of water. Cover with foil and bake 20 minutes or until cooked through. Let stand 2 minutes before serving.

**FOR FOOD SAFETY AND QUALITY HEAT BEFORE EATING TO AN INTERNAL TEMPERATURE OF 165°F**  
Heating time may vary due to equipment variances. Refrigerate or discard any unused portion.

### Product Specs

DISTRIBUTOR CODE	SCHWAN'S CODE	TMI ITEM CODE	PRODUCT DESCRIPTION	CASE PACK	SERVING SIZE	FROZEN SHELF LIFE	CBM/ EGMV	MEAT/ HEAT ACT	CASE NET WEIGHT	CASE GROSS WEIGHT	CASE DIMENSIONS (INCHES)	T1X H1
	60395	104518	0.8 oz Chicken and Vegetable Dumpling with Whole Wheat Wrapper	6/25lbs	6 pcs	12 mos	2.0oz	2.0oz	20 lbs	21 lbs	16 x 12 x 10.5	10 x 8
	66931	412811	Whole Wheat Yakisoba Noodles	6/5lbs	2.5 oz	6 mos	2.0oz	N/A	30 lbs	31 lbs	16 x 8.25 x 13	15 x 4



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# DUMPLINGS



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# DUMPLINGS

✓ NO ADDED MSG

✓ NO ARTIFICIAL COLORS OR DYES



## PREP INSTRUCTIONS

**PAN-SEAR:** Heat a large nonstick skillet pan over high heat, add 2oz of water to coat. Add 12-14 frozen dumplings then cover and cook 2-3 minutes or until most water is absorbed. Reduce heat to medium, then add ½ oz of oil. Cover and let simmer for approximately 3-4 minutes or until golden brown.

**DEEP-FRY:** Pre-heat oil to 350°F, place 12-14 frozen dumplings into a fryer basket. Immerse for 4-5 minutes or until golden brown. Periodically shake baskets to eliminate dumplings from sticking together.

**STEAM:** Pre-heat steamer. Lightly coat a 2" full-size hotel pan with cooking oil spray. Arrange and space apart 20-24 frozen dumplings into pan without touching. Steam dumplings uncovered for 8 minutes, or until cooked through.

**BOIL (soup):** Add frozen dumplings into boiling water. Cover and boil over high heat 3 minutes or until dumplings float on top. Reduce heat and simmer 2 minutes.

FOR FOOD SAFETY AND QUALITY HEAT BEFORE EATING TO AN INTERNAL TEMPERATURE OF 165°F  
Heating time may vary due to equipment variances. Refrigerate or discard any unused portion.

## Product Specs

DISTRIBUTOR CODE	SCHWAN'S CODE	TMI ITEM CODE	PRODUCT DESCRIPTION	PIECES PER CASE	FROZEN SHELF LIFE	CASE NET WEIGHT	CASE GROSS WEIGHT	CASE DIMENSIONS (INCHES)	TL X HI
	60582	261259	Chicken Teriyaki Potsticker	150	12 months	7.5 lbs	8.5 lbs	12x3x6.75	17x10
	60583	261242	Chicken Lemongrass Potsticker	150	12 months	7.5 lbs	8.5 lbs	12x3x6.75	17x10
	60588	261587	Edamame Dumpling	150	12 months	7.5 lbs	8.5 lbs	12x3x6.75	17x10



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## MINH® WHOLE GRAIN VEGETABLE FRIED RICE

**MINH® WHOLE GRAIN FRIED RICE** is made with the perfect blend of rice, vegetables, and traditional Asian seasonings. Our Fried Rice has everything in the bag for quick and easy preparation. Made with brown rice for whole grain crediting without sacrificing taste.



**Fried Rice is the top Asian item that Students want on their school menus!**

### FEATURES & BENEFITS

- **Stays Moist:** Rice does not clump or stick for easy and consistent portioning
- **Each bag is made with brown rice and a complete mix of carrots, peas, corn, and authentic Asian seasonings - Saves prep time and labor**
- **Clean Label:** No Sodium Benzoate, No High Fructose Corn Syrup, No Added Artificial Colors or Flavors
- **Case Contains:** 6/5# bags of Whole Grain Fried Rice
- **Easy to prepare:** Simply warm and serve from oven
- **MINH® Whole Grain Vegetable Fried Rice** does not contain meat, poultry, fish, egg or dairy ingredients and could be considered appropriate for individuals choosing a vegetarian or vegan lifestyle



Easily make a 2 M/MA and 2 Grain equivalent credit Asian Combo Meal

1/2 cup of MINH Whole Grain Vegetable Fried Rice  
 1 MINH Whole Grain Chicken Egg Roll  
 1 oz. MINH Stir Fry Kit chicken & sauce



DESCRIPTION CODE	PRODUCT CODE	UNAP PRODUCT DESCRIPTION	USDA GRAIN EQUIV. (OZ)	USDA MEAT EQUIV. (OZ)	USDA PROTEIN EQUIV. (OZ)	NET WT (lb)	Case	Exp.	Vol.	Total Fat (g)	Total Carb (g)	Total Protein (g)	Total Fiber (g)	Total Sugar (g)	Total Sodium (mg)
	69076	Whole Grain Vegetable Fried Rice*	355	5	0-5 Lb Bags	5#	2	1/4	270	2.5	0	6.80	5.4	6	1

# MINH Sauces



MINH® sauces are perfect for your Asian station.




Five 6-lb. bags

Box Dimensions: 6.31" x 6.31" x 9"

## PRODUCT FEATURES

- **Less sodium** — 300mg or less per serving  
At least 25% less sodium\*
- **Less on the label** — No High Fructose Corn Syrup, No Artificial Colors, No Artificial Flavors, No MSG, No Caramel Color
- **Ships frozen** — easy, safe handling  
Shelf Life — 45 days refrigerated unopened, 1 year frozen unopened
- **Case includes five 6-lb. bags**

DISTRIBUTOR CODE	CODE	VARIETY	SERV./ CASE	SERV. SIZE	CAL	TOTAL FAT (g)	% CAL FROM FAT	SAT. FAT (g)	% CAL FROM SAT. FAT	SODIUM (mg)	CARBS (g)	SUGAR (g)	PROTEIN (g)
NUTRITIONALS PER FLUID OUNCE													
00000	69142	Less Sodium Sweet & Sour	374	2 T. (35g)	50	0	0%	0	0%	75	12	10	0.5
00000	69137	Sweet & Sour Sauce Packets	250	1 packet (11g)	15	0	0%	0	0%	70	4	4	0
00000	69143	Less Sodium Orange	305	2 T. (35g)	50	0	0%	0	0%	100	12	11	0
00000	69144	Less Sodium Teriyaki	957	2 T. (37g)	60	0	0%	0	0%	260	13	11	0.5
00000	69145	Less Sodium Sriracha 	348	2 T. (34g)	35	1	28%	0	0%	300	7	4	0.5
00000	69147	Less Sodium Kung Pao	425	2 T. (32g)	30	1	18%	0	0%	220	6	4	0.5



SPICY

\*When compared to a leading brand of Asian-style sweet & sour sauce. Values based on nutritionals per fluid ounce. ©2016 Schwan's Food Service, Inc. All Rights Reserved. 06/2016



Add Sales Contact Info

For more information and recipe ideas  
call 1-877-302-7426 or visit  
[SchwansFoodService.com/minh](http://SchwansFoodService.com/minh)



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