

BUILD YOUR OWN FRUIT PIZZA

- 2 Pieces Rich's Maple Flatbread (IFD #43003) = 2 GE
- 4 oz yogurt, any flavor = 1 MA or 1 Sunbutter PC (IFD #29415) = 1 MA
- 1 pkg Sunflower kernels (IFD #61827 or #101323) = 1 MA
- ½ c fresh sliced strawberries or assorted fresh fruit = 1 serving fruit

Serve with milk and a fresh vegetable for a complete meal.

These items can also be packed together in a carryout container for an easy vegetarian alternate meal.

